

**STATE OF TEXAS  
COUNTY OF DENTON  
CITY OF CORINTH**

On this the 11<sup>th</sup> day of May 2017 the City Council of the City of Corinth, Texas met in a Workshop Session at the Corinth City Hall at 5:30 P.M., located at 3300 Corinth Parkway, Corinth, Texas. The meeting date, time, place and purpose as required by Title 5, Subtitle A, Chapter 551, Subchapter C, Section 551.041, Government Code, with the following members to wit:

**Members Present:**

Bill Heidemann, Mayor  
Joe Harrison, Council Member  
Sam Burke, Council Member  
Don Glockel, Council Member  
Scott Garber, Council Member

**Members Absent:**

Lowell Johnson, Council Member

**Staff Members Present:**

Bob Hart, City Manager  
Barb Cabbage, Planning and Development Manager  
Kim Pence, City Secretary  
Mike Brownlee, City Engineer  
Mack Reinwand, City Attorney

**Guest Speakers/Presenters Present:**

Gary Henderson, CEO, United Way of Denton County, Inc.  
Alex Reed, Director of Health & Mental Health Initiatives, United Way of Denton County, Inc.

**CALL TO ORDER:**

Mayor Heidemann called the meeting to order at 5:30 P.M.

**WORKSHOP BUSINESS AGENDA ITEM:**

1. Receive a briefing from United Way.

Mayor Heidemann - I will turn this over to Gary Henderson with United Way of Denton County. This is an educational session on the findings in their study of Denton County for mental health.

**Gary Henderson, CEO United Way of Denton County** - A couple of introductions first, I am Gary Henderson, CEO of United Way of Denton County, Alex Reed is Director of Community Investments at United Way of Denton County and she leads our Health & Mental Health Initiatives. TJ Gilmore also known as Councilmember TJ Gilmore of Lewisville is a leader on our behavior health leadership team and Roxanne Delrio with NCTC is the appointee at the behavior health leadership team. We will rule out more for you as time goes on tonight as to who the other appointees are. The punchline at the end of our information exchange will be an invitation to the City of Corinth to send one or two appointees to join a group that has been on the court for about two years now. We are really trying to create a system of connectivity where one doesn't exist in the local community.

In 2012, we had volunteers from the community, board members and staff from the United Way of Denton County pull together our first community needs assessment. In that first needs assessment, the structure of the report was based in three primary areas: Education, Financial Stability and Health.

Education - think cradle to career, drop out prevention, early childhood intervention, but ultimately to adults employable at a living rate where they could support themselves and or a family; Financial Stability - financial capabilities with Pay Day Lender victims, individuals who are employed at such a low level that they struggle financially; Health - not mental health, but health. We talk about things like access to healthcare, immunizations, the prevalence of death among seniors related to

illnesses, but we didn't catch on to behavioral and mental health. When we rolled out that set of reports in 2012, immediate push back from the organizations on the front line serving people in need across the county were saying "what about mental health?"

I am not a behavioral health and mental health guy. So I was dumb enough to say "we'll do an addendum to the health report" - behavioral health and the decision you all are facing regarding the THR project, it's complicated. I have never seen anything in all my years as complicated as the mental health domain.

Because it is complicated and it is incredibly frustrating to us out in the community who are trying to make a difference, but we really don't understand the gaps and the complexities. At the most macro level in Denton County we estimate, of the 800,000+ people who call Denton County home, 131,000 of those people met the criteria for a diagnosable mental health concern in 2015. To put that into perspective in 2008, the state legislature - through the Department of Health and Human Services - was sending the smallest allocation for mental health services to Denton County or I'll say it this way ... Denton County in 2008, was the lowest funded county in the lowest funded state in the country, in terms of mental health services. And even still as a community, whether it's on the high income side or the indigent healthcare side, we just lack providers. Given the fast growth of our community, we haven't had the service capacity to keep up with our community at all.

The problem we are having in Denton County is absolutely representative of the problem every county has in Texas. It's just that some of the larger counties, San Antonio region, Houston region, Dallas/Ft. Worth, their need is so big that funding has been thrown into their communities where they have been able to try to create a system. Law enforcement, hospitals, school districts, non-profits, county services, private providers all operate in silos. Some of it is statute driven, some of it is funding driven, but some of those entities I just described speak a totally different language in their profession from the other. Each one of those silos feel part of the pain of a community where people get bounced around or more importantly they fall into the gaps. If you're a mom trying to get your fifth grader in to receive behavioral health services, you're probably going to be leaving Denton County to find those services. With insurance, without insurance regardless because there is one, maybe two psychiatrists within Denton County especially for the lower income clients sites that accept CHIPS or Medicaid as a form of insurance. In Texas, as a whole, there is only one mental health provider for 990 individuals with mental health needs. It's not just a Denton County problem. It is a State of Texas problem.

After that needs assessment report, Joe Mulroy, Denton County businessman and former Denton City Councilmember saw the initial 2012 Mental Health Report, and asked if anybody was running with this. Joe put \$70,000 of his own dollars on the table and said, I'll Co-Chair a council, committee, group that will meet once a month for a year and we'll continue the fact finding. We formed the Denton County Citizens Council on Mental Health. We learned that the Meadows Foundation in Dallas had put millions into the Meadows Mental Health Policy Institute who is working with Senator J. Nelson on the Sunset Commission. The Texas Department of Health and Human Services' delivery of funding to local communities for mental health services is broken. All dollars that come into Denton County all go to MHMR of Denton County. Frankly, they are not getting enough dollars and they are serving well over capacity for those dollars.

Joe and I met with the foundation and found out that what they are going to recommend to Senator Nelson and the state legislature was a structure that a local community could employ to bring these different parties to the table together collaborating in a formalized way. Appointees would reside in an entity called the Denton County Behavioral Health Leadership Team supported by a series of work groups. We didn't have the capacity of launch all of the work groups simultaneously. We launched veterans work group first. It is chaired by Colonial Chris Martin president of the Denton County Coalition. This group has been phenomenally successful. Other work groups are Housing, Mental Health Court, Jail Diversion, and Child and Family Systems. Every other month these groups meet at United Way of Denton County.

**Alex Reed, LMSW, Director of Health & Mental Health Initiatives United Way of Denton County** - I want to lay a foundation on a lot of the terminology that is utilized when typically used when talking about behavioral health. A PowerPoint presentation was shown:



# DENTON COUNTY BEHAVIORAL HEALTH LEADERSHIP TEAM

Comprehensive behavioral health services  
for every person in Denton County.

*A collective impact initiative supported by:*



## Behavioral Health in Denton County

This is a priority because...



An estimated **131,000** people in Denton County met the  
criteria for a diagnosable mental health concern in 2015.

*(2015 national prevalence rates and 2015 U.S. Census population estimates for Denton County)*

# Behavioral Health in Denton County

This is a priority because...



**In Texas, there is only one provider to approximately every 990 individuals with mental health needs.**  
*(Mental Health America, State of Mental Health, 2016)*

# Behavioral Health in Denton County

Team Structure



|  |                              |                                  |                                     |  |   |  |                                    |
|--|------------------------------|----------------------------------|-------------------------------------|--|---|--|------------------------------------|
| Denton County Commissioners Court<br>(3 - 5) | Denton City Council<br>(1-2) | Lewisville City Council<br>(1-2) | Small Cities/Towns Coalition<br>(1) | Health Systems Hospitals, MHMR, Health Department<br>(3-7) | Health Funders Insurance Providers<br>(1-2) | Human Systems ISDs, Higher Ed., Law Enforcement, Housing, WATCH<br>(4-8) | United Way of Denton County<br>(1) |
|--|------------------------------|----------------------------------|-------------------------------------|--|---|--|------------------------------------|

## DENTON COUNTY BEHAVIORAL HEALTH LEADERSHIP TEAM

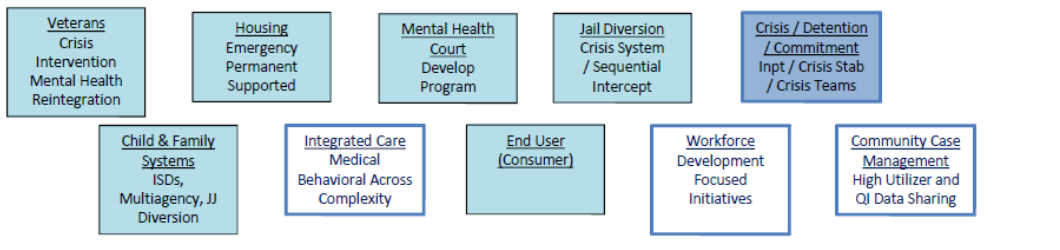
serves as the County oversight committee (1)  
31 Total Members

*Individuals may serve on multiple work groups*

## COLLABORATIVE STRUCTURE

Denton County Citizen's Council on Mental Health  
Co-Chairs/Executive Director (2)

### WORK GROUPS



*Work groups will involve broader range of Change Agents*

1 – Chartered by political entities, formal reporting, accountability

2 – Transition from voluntary Co-Chairs to professional staff position developed between Denton County Health Department and United Way of Denton County

## Behavioral Health in Denton County

Mental Health and Diagnoses



### AMI – Any Mental Illness

- 1 in 5 adults experience mental illness in a given year\*

### SMI – Severe Mental Illness

- 1 in 25 experiences a serious mental illness in a given year that substantially interferes with or limits one or more major life activities\*

### Co-Occurring Diagnoses

- Nearly half of all individuals with SMI experience substance abuse\*\*

\*National Institute of Mental Health(2015)

\*\*National Alliance on Mental Illness(2016)

## Behavioral Health in Denton County

This is a priority because...



**okay to say**

**Stand Up.  
Speak Out.  
Make it  
Okay to Say.**



*Approximately half of children with mental health diagnoses received treatment for their diagnosis within the past year*

CDC, 2014

[okaytosay.org](http://okaytosay.org)

50% of mental health conditions begin by age 14

- National Alliance on Mental Illness, 2017

**TEXAS** *of* **MIND**  
**STATE**

THE MEADOWS MENTAL HEALTH POLICY INSTITUTE

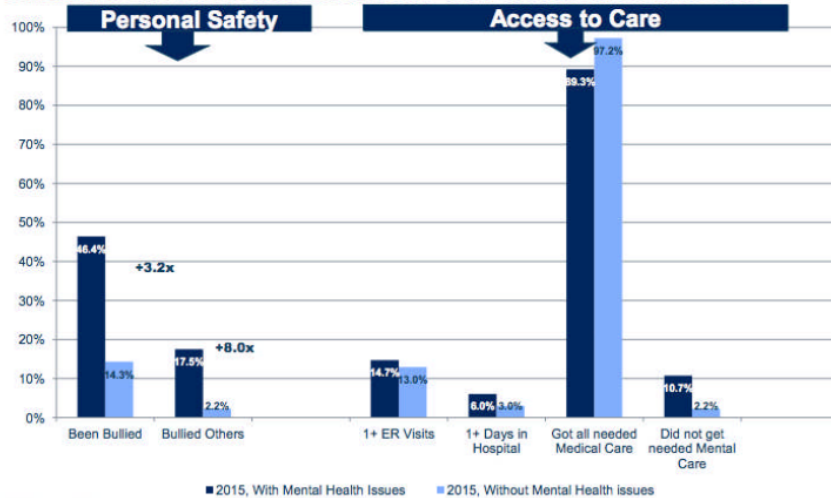
# Behavioral Health in Denton County

This is priority because...



## Denton County Age 4-14:

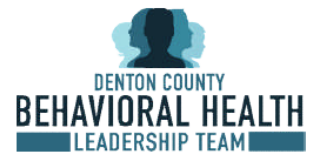
### Children's health issues and those with mental health issues



Community-wide Children's Health Assessment & Planning Survey results  
Led by Cook Children's Healthcare System

# Behavioral Health in Denton County

Mission and Vision



## Vision

Comprehensive behavioral health services for every person in Denton County.

## Mission

The Denton County Behavioral Health Leadership Team will advocate and facilitate a collaborative person-centered behavioral health system to repair and restore lives:

- Ensure behavioral health services are available to meet the needs of all
- Assess data for continuous outcome measurements
- Prioritize data driven recommendations
- Provide a continuum of care

## Behavioral Health in Denton County



### Appointed by the Denton County Commissioner's Court:

- The Honorable Bobbie J. Mitchell *From Denton County Precinct #3 for the Denton County Commissioner's Court*
- Mr. Joe Mulroy *From DCCCMH for Denton County Commissioner's Court*
- Captain Douglas Lee *From Denton County Sheriff's Office for Denton County Commissioner's Court*
- Dr. Matt Richardson *From Denton County Health Department for Denton County Commissioner's Court*
- Dr. Kathryn Stream, *for Denton County Commissioner's Court*
- The Honorable Coby Waddill *From Denton County Criminal Court #5 for Denton County Commissioner's Court*

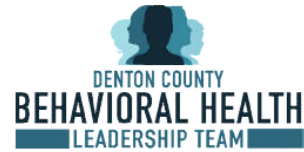
## Behavioral Health in Denton County



### Appointed by Municipal Governments:

- Ms. Melinda Galler, MS *From and for the City of Lewisville*
- Councilman TJ Gilmore *From and for the City of Lewisville*
- Mr. Bryan Langlely, MBA *From and for the City of Denton*
- Mayor Chris Watts *From and for the City of Denton*
- Councilwoman Cindy "Sanden" Daughhetee *From City of Krum for Small Municipalities*

## Behavioral Health in Denton County



### Appointed by the Health Care Providers and Health Insurance Providers:

- Ms. Louise Baldwin RN, MBA, NEA-BC, FACHE *From Texas Health Presbyterian Hospital of Denton for Health Services of North Texas, Inc.*
- Ms. Elizabeth Ferring *From and for Denton Community Health Clinic*
- Judge Barbara Gailey *for Denton County MHMR*
- Dr. Timothy Harris *From and for Texas Health Presbyterian Hospital of Denton*
- Dr. Nicki Roderman, DNP, RN, CCRN, CNRN *From and for Denton Regional Medical Center*
- Mr. Juan Rodriguez, MPH *From and for Denton County Health Department*
- Mr. Gary Fullerton MBA, RN, FACHE, NEA-BC, CEN, LP *From and for Medical Center of Lewisville*
- Mr. Gary Seguin, LPC, LPCC *From Beacon Health Options for Health Insurance Providers*
- Mr. Scott McBryde, LMFT *From Cigna Health Spring STAR+ Plus Medicaid for Health Insurance Providers*

## Behavioral Health in Denton County

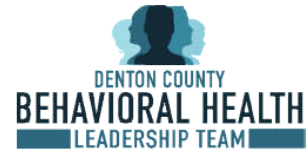


### Appointed by the Educational Institutions:

- Ms. Monya Crow, M.Ed., LPC-S *From and for Lewisville Independent School District*
- Dr. Roxanne Del-Rio *From and for North Central Texas College*
- Dr. Teresa McKinney *From and for University of North Texas*
- Dr. Monica Mendez-Grant *From and for Texas Woman's University*
- Dr. Richard Valenta *From and for Denton Independent School District*



## Behavioral Health in Denton County



### Appointed by Other Denton County Organizations:

- Dr. Derrell Bulls *From Texas Woman's University for United Way of Denton County, Inc.*
- Dr. Lisa Elliott *From Cook Children's Healthcare System for WATCH of Denton County*
- Dr. Bill Giese *From Flow Health Care Foundation for Denton Housing Authority*
- Chief Lee Howell *From and for Denton Police Department*
- Chief Russell Kerbow *From and for Lewisville Police Department*
- Ms. Prudence Sanchez, J.D. *From Prudence Sanchez Attorney at Law, PLLC for Denton Affordable Housing Corporation*

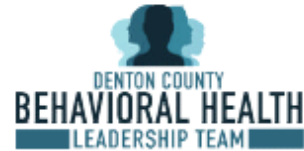
## Behavioral Health in Denton County



### 2017 – 2018 Nominated Officer Slate:

- Past Chair : Judge Barbara Gailey
  - From Denton County MHMR
- Chair : Dr. Teresa McKinney
  - From University of North Texas
- Co-Chair : Chief Russell Kerbow
  - From Lewisville Police Department
- Secretary : Dr. Lisa Elliott
  - From Cook Children's Healthcare System

## Behavioral Health in Denton County



### Strategic Planning Committee:

- **Commissioner Bobbie Mitchell**
  - From Denton County Commissioners Court
- **Ms. Doreen Rue**
  - From Health Services of North Texas
- **Mr. Joe Mulroy**
  - From Denton Citizen's Council on Mental Health
- **Dr. Matt Richardson**
  - From Denton County Public Health
- **Ms. Pam Gutierrez**
  - From Denton County MHMR
- **Dr. Teresa McKinney**
  - From University of North Texas
- **Dr. Timothy Harris**
  - From Texas Health Presbyterian Hospital

## Behavioral Health in Denton County

Collective Impact ...



*Large-scale social change requires broad cross-sector coordination, yet the social sector remains focused on the isolated intervention of individual organizations. - Stanford Review*



# Behavioral Health in Denton County

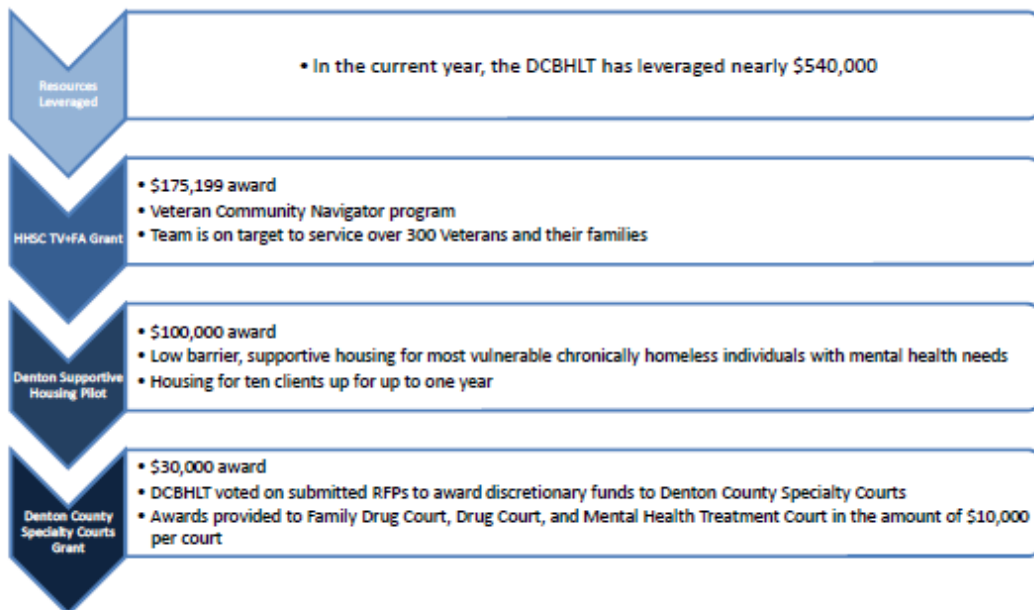
This is priority because...



In 2014, Denton County was one of the lowest funded counties in the lowest funded state for behavioral health.

# Behavioral Health in Denton County

Resource Leverage



## Behavioral Health in Denton County

Workgroup Reports



# Workgroup Accomplishments

DCBHLT 2016 - 2017

## Behavioral Health in Denton County

Workgroup Accomplishments



- Accomplishments:
  - Launching of the Denton County Veterans Center
  - Implementation of the Veteran Community Navigator program
    - Over 175 Veterans and their families serviced to date
  - Launched child specific anti-stigma materials through partnership with the Okay to Say Movement
  - Creation of Law Enforcement Mental Health Response Training Video
  - Support of Mental Health Treatment Court and SOAR Juvenile Mental Health Court



## Behavioral Health in Denton County

### Workgroup Accomplishments



#### Agencies that have participated in Mental Health First Aid in 2017:

- Denton Police Department
- Oak Point Police Department
- Lewisville Police Department
- Flower Mound Library
- Lewisville Library
- City of Lewisville
- University of North Texas
- Texas Woman's University
- North Central Texas College
- Denco 911
- CASA of Denton County
- Giving Hope, Inc.
- Salvation Army
- Habitat for Humanity
- Cross Timbers Community Church
- University Behavioral Health
- Mayhill Hospital



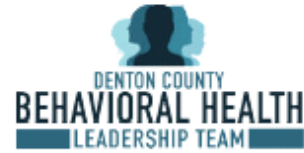
## Behavioral Health in Denton County

### Next Steps



Questions  
and  
Next Steps

## Behavioral Health in Denton County



Contact the DCBHLT  
[www.dentoncountybhlt.org](http://www.dentoncountybhlt.org)

Alex Reed, LMSW  
Community Impact Director-Health Initiatives  
United Way of Denton County, Inc.  
(940) 565-5851 ext. 112  
[alex@unitedwaydenton.org](mailto:alex@unitedwaydenton.org)



**Mayor Heidemann** - Will the areas up here start witnessing gravitation toward this area?

**Gary Henderson, CEO United Way of Denton County** - Absolutely. Already have seen this morning.

**TJ Gilmore, Councilmember of Lewisville** - There are different measurement tools. Over the last three years, which I feel is a decent baseline trend, you can actually see the number of homeless who have self reported from other cities in Texas. They will migrate. We have definitely seen a spike this year. I think it can go back to what has been going on in Dallas. I was at workshop this past year and Dallas and Austin were there and they were talking about how wonderful their programs were and a Councilmember from Grand Prairie stood up and said, "That is wonderful, you took care of the low hanging fruit, now what do I do with all of the people that are now in our district?"

**Gary Henderson, CEO United Way of Denton County** - My United Way Board believes our first priority is to take care of the homeless who are victims of domestic violence (our families, here in Denton County) and somehow be able to prioritize away the chronically homeless that came from other communities. Not to be insensitive, but that mom who left an abuser tonight with a couple of kids who is homeless until she gets on her feet - that is a priority for us. The mission of the sister organization of this group, the Homeless Leadership Team, their definition, their vision, their mission is to make homelessness rare, brief and non-recurring. We are not going to eliminate homelessness in Denton County, but it shouldn't happen more than once.

The point and time count did identify that of our homeless individuals that were counted in the most recent count this year that one day of year where HUD asks every community on that day to get out and count as many of the homeless as they can find, 41% of Denton County's homeless that were identified on that day this year were first time homeless individuals. There is a much higher probability of rehousing permanently someone who has only experienced homelessness once than someone who is a chronically homeless individual.

**Alex Reed, LMSW, Director of Health & Mental Health Initiatives United Way of Denton County** - What Gary is talking about is the annual homeless census. It is one day a year. They try to make it on the coldest day of the year so that more people are in shelter and easily identifiable. One of the first questions on that survey are *Where did you first start to*

*experience homelessness?* This year is the first year in a couple of years that we've seen a spike in people coming from other communities.

**Councilmember Glockel** - We wouldn't be having this conversation tonight in this chamber if we weren't talking about the facility across the street. How does that fit in the scenario you just talked about? It doesn't in my opinion.

**Gary Henderson, CEO United Way of Denton County** - It's a missing piece of the county, but there are a lot of missing pieces in the county. I think what Alex said earlier was if they are going to be able to serve children under the ages of 13, that is unique. That is not something that your citizens or Denton County residents have available in the county today.

**Councilmember Garber** - Along those lines it seems we talk a lot about veterans and we also talk a lot about kids. How does this work out from the United Way and Denton County Behavioral Health perspective if the big need is veterans and children? Wouldn't it be a better asset if that was all a children's facility or all a veteran's facility?

**Councilmember Burke** - I don't think that is the biggest need, I think they are saying that that is the easiest dollars to get. If you say veterans or you say kids, you get money.

**Councilmember Garber** - How does United Way and Behavioral Health see the proposed facility fitting in to this big scheme other than just another access point in Denton County?

**Alex Reed, LMSW, Director of Health & Mental Health Initiatives United Way of Denton County** - Meeting the needs of the children. That is something we don't have. Meeting the needs of insured individuals that are in your community. Meeting that need is very tangible and it's something that can be done and I think they will serve that market well. Those who are voluntary admits saying, I need some help - I am going to walk into this hospital today. They are going to serve geriatric patients. We have geriatric beds available in our community, but again I think they will serve that market of individuals with funding streams, with Medicare having a dementia need and going into that facility. I think it gives us more beds, which we need. The greatest need it will fill is for our children.

**Gary Henderson, CEO United Way of Denton County** - It goes back to the first slide. What's the state average - one provider for every 900 individuals needing help. If you add beds, that is a good thing. United Way of Denton County - our business is focusing on people who are disenfranchised, they are victims. We want to move them out of a welfare situation in to self sustainability. Our first preference would be to focus not on upper middle class, insurance card carrying individuals, but folks who keep repeating through the CPS system through the jails. A citizen that lives in Corinth with Blue Cross/Blue Shield and a good gold PPO plan with mental health care provided isn't going to find a provider available taking new patients in Denton County.

Regardless, we would like to have you join the Behavioral Health Leadership Team and be part of these ongoing conversations.

#### **ADJOURN:**

Mayor Heidemann adjourned the meeting at 6:30 P.M.

Meeting adjourned.

Approved by Council On 15 day of June, 2017.

Kimberly Pence  
Kimberly Pence, City Secretary  
City of Corinth, Texas